



FLINDERS ISLAND ECO ESCAPE  
South Australia

WELCOME

Dear guests,

We wish you a very warm welcome to our secluded island retreat, Flinders Island Eco Escape, South Australia. It is a pleasure to have you as our guest.

Our aim is to provide you with a comfortable base to explore and experience the secluded island landscape of Flinders Island. This compendium has been put together to give you easy access to information, so please take some time to familiarise yourself with the services and facilities.

From our family to yours, we wish you an enjoyable stay.

The Woolford Family,  
Flinders Island Eco Escape.



Flinders Island Eco Escape

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@flindersislandecoescape

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## SAFETY AND EMERGENCY PROCEDURES

IMPORTANT: Flinders Island is a naturally remote location which requires a heightened sense of awareness to keep your stay incident free. Please take that extra moment to take in your surroundings and be vigilant. We want you to remain safe and relaxed while on holiday.

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### DEFIBRILATOR AND FIRST AID

Are located in the pantry of Eyrewoolf Homestead.

A Royal Flying Doctor emergency first aid kit is located at the Manager's residence.

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### FIRE EVACUATION PROCEDURES

Eyrewoolf Homestead is fully equipped with smoke detectors. A fire extinguisher and fire blanket are located in the pantry/store room. An emergency fire evacuation plan is located on the fridge. Please familiarise yourself with the plan in the unlikely event of a fire.

Should you become aware of a fire or smell smoke please contact management immediately. Remain calm. If you are asked to evacuate the building and heat or smoke is evident, please stay close to the floor and crawl on your hands and knees. Exit the building via the closest door and move clear of the building. Do not re-enter the building until management has declared the site safe.

Muster point: Airstrip - located on the western side of Eyrewoolf Homestead.

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### EMERGENCY NUMBERS

<b>ROYAL FLYING DOCTOR</b>	<b>1800 733 772</b>
POLICE . . . . .	000
MENTAL HEALTH (rural and remote 24 hours) . . . . .	131 465
POISONS . . . . .	131 126

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### USEFUL NUMBERS

FLINDERS ISLAND MANAGEMENT. . . . .	(08) 8687 9343
FLINDERS ISLAND MANAGEMENT. . . . .	0428 261 132

#### ELLISTON

Hospital . . . . .	(08) 8687 9001
Pharmacy (Mon - Fri 12:30 - 5:30pm) . . . . .	(08) 8687 9395
Supermarket (Mon - Fri 8:30am - 5:30pm, Sat 9am - 2pm). . . . .	(08) 8687 9008
Police Station . . . . .	(08) 8687 9006

## ISLAND LIFE

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### ABOUT ISLAND LIFE

Being guests of an island requires some common sense and consideration of how resources are used. We rely on rainwater throughout Eyrewoolf Homestead, please be mindful of this when you are bathing, washing dishes and washing clothes. Our outside taps are bore water, so please refrain from drinking this, but it is safe to wash your feet off and any wetsuits etc. To keep the house as sand free as possible, we ask that you wash your feet off in the bucket on the northern side of the house.

We are entirely powered by solar electricity, so we ask that you maximise your power usage when the sun is out. There are many electrical appliances in the kitchen and pantry that can be used to cook or bake bread. We would love for you to turn off lights and fans if you are not using them. If you experience a power outage, then a backup generator is available, please contact the Manager if you notice anything out of the ordinary.

Mainly, breathe in the fresh air, notice the ocean's constant changing nature and gaze at the magnificent views. Make this time just what you need it to be.

# EYREWOLF HOMESTEAD

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## BATH

The bath is in the main bathroom. As we are completely off grid and have limited rainwater we request that the bath is utilised on an 'as needed' basis and care is taken with the amount of water used in the bath.

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## BBQ

The BBQ is located on the back veranda and all BBQ utensils are stored in a tub in the pantry/store room. Please ensure that you leave the BBQ, utensils and area clean after use. Specific BBQ cleaning cloths are provided.

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## COOLING/HEATING

The homestead has ceiling fans in all living areas and bedrooms which are controlled via switches on the wall.

Windows can open to enjoy the fresh, sea breeze by lifting the screens in their tracks and gently pushing out approximately 20cms. Unfortunately bedroom 1,2 & 3 windows are permanently shut, however by utilising the ceiling fan and opening up the house you will experience sufficient air flow.

The lounge area has an open fireplace and if you require wood during your stay, please contact the manager. For your safety, please ensure that the screen is utilised to prevent injury or incidents and only use the fire during non-fire ban season (May-October).

We would appreciate if you are able to leave the fireplace clean and tidy prior to your departure. During the cooler months a brush and pan are located next to the fireplace to assist you in tidying any ash or debris.

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## DEFIBRILATOR & FIRST AID KIT

For emergencies, there is a defibrillator located in the pantry of Eyrewolf Homestead. There is also a standard First Aid Kit in the pantry, as well as in the vehicles. For more severe circumstances, there is a Royal Flying Doctor Service medical kit at the manager's house. Please contact the manager if you require this.

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## FURNITURE

Please do not move furniture without prior approval. Some of the furniture is quite heavy, so we would prefer that it is left where it is, to prevent damage to the homestead and to your backs! Furthermore, our inside furniture is not weatherproof and the salt air will potentially harm it, so please do not move it outside. Damage, breakages, theft and loss of homestead items are the guest's responsibility during their stay.

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## KITCHEN FACILITIES/COOKING

A full kitchen is provided for your convenience. This includes full size fridge/freezer, dishwasher, microwave, coffee machine, kettle, toaster, electric frypan, bread maker and crockery/cutlery/utensils. Extra appliances can be found in the pantry and you are welcome to utilise these as an alternative to the gas stove. This will assist us to conserve gas which is transported from the mainland. User manuals and guides for appliances are kept in the bottom drawer underneath the microwave in the kitchen.

To enable us to provide the best service possible to our guests, please advise of any breakages or damage to enable replacement.

Upon booking, a credit card pre-authorisation is required and will be used to cover incidental items including (but not limited to) breakages/damages above that of normal wear and tear, lost or stolen property, excessive cleaning charges above the normal level of cleaning due to the homestead being left in an unacceptable state.

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## SMOKING

Smoking indoors is strictly prohibited. If it is evident that smoking has occurred indoors, additional cleaning charges (minimum \$500) will apply.

The designated smoking area is outside on the northern side of the house. Please ensure that the door and nearby window are closed while smoking and all litter is placed in the provided ashtray.

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## TOILETS

Our toilets are western facilities, and we ask that guests sit on the seat and refrain from dropping any items in them other than the toilet paper provided. Please use the bins and bags provided for all other materials and sanitary items.

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## TV/DVD

Due to our remote location digital TV is not available, however the VAST Satellite TV has most regular channels. To operate, press the red power button on the Avec/Altec remote and the Netflix remote. Select the AV channel on the Netflix remote, with the 'P' Program selector.

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## WASHING

As mentioned, please be mindful of the amount of water you use. To turn on the washing machine press the power button on left hand side. Open drawer on left and add required amount of washing detergent. Select desired cycle by turning program knob, select water temperature, spin option and then simply press start. To conserve energy and water, it is possible to select the Eco Rinse option. A clothes line is located in the back yard and if under cover hanging is required a pull out line is located on the back veranda. Washing powder is provided for your convenience.

## FACILITIES AND SERVICES

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### AIRSTRIP

The Airstrip is located on the western side of the homestead. Please look and listen before crossing in case of landing aircraft. This is also the emergency muster point.

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### CHECK OUT TIME

Our check-out time is 12:00 midday unless prior arrangements have been made. Please ensure you have packed up the house by this time so that we can commence cleaning. We are happy to arrange an extension for you, for an extra fee and subject to availability.

If you would like to enjoy an aspect of the island that does not require the homestead then you are more than welcome to do so for a few hours prior to your departure.

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### CLEANING

We remind guests that this is self-catering accommodation. Please respect the premises and leave the homestead and the island in a tidy manner. Wash/dry and put away all dishes and remove rubbish to the appropriate bins outside. Please ensure the BBQ is left in a clean state. Cleaning appliances and products can be found in the far-left linen press in the hallway, and in the laundry cupboards. Additional cleaning costs will be charged if the homestead, or any other area on the island, is left in an unacceptable condition. There is no need to mop, strip beds or wash linen, this is all part of the cleaning service included in your tariff.

If you wish for the homestead to be serviced during your stay, cleaning can be arranged for a fee - please contact the manager to arrange.

For stays longer than 10 days, the homestead will be serviced with fresh bed linen and bathroom towels at no cost, at your request.

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### COTS & HIGHCHAIRS

A porta-cot is available for your use, if this is required then please let management know.

A high chair is provided for your convenience, please ensure that it is cleaned and returned to storage upon departure.

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### EMERGENCY/USEFUL NUMBERS

A list of emergency and useful numbers is provided on the side of the fridge and at the beginning of this compendium for your convenience.

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## ENVIRONMENT

Flinders Island Eco Escape is committed to providing an environmentally friendly service, being on an island also means that we have limited resources, including rainwater. Please conserve water by only using what you need. We are supplied by rainwater inside and bore water outside.

You can assist us by using only the towels you require, and by turning off all lights/power and fans when you leave the homestead. If you do require spare towels or additional blankets, they are in the linen press, in the hallway.

Recycling, compost and chicken scrap containers are provided for your use and we would be appreciative if you partner with us to help make Flinders Island more sustainable by putting your waste in the respective bins.

Whilst you are enjoying Flinders Island you might come across some debris or rubbish along the beach, feel free to collect this and put it in the bin to take part in keeping the beach pristine and rubbish free.

On your adventures and exploration you will find many beautiful shells, coral, rocks, etc. Please leave them where you find them, or feel free to take a few home as a keepsake, but we would prefer that shells and other sea treasures do not come back to the homestead.

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## FILLETING FISH

Please use the filleting stations provided when preparing and filleting fish. There are filleting knives in a wooden box located in the pantry, please ensure they are cleaned and returned after use. Offal can return to the sea, away from Groper Bay/Eyrewoolf Homestead and frames can be disposed of in a bin bag, and into the outside bin.

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## RUBBISH COLLECTION

In the kitchen there are 4 bins located under the island bench. These are labelled for your convenience. When they are full please empty them in the relevant bins on the veranda.

**IMPORTANT:** Please DO NOT put fish offal in the rubbish bins, offal can return to the sea, away from Groper Bay/Eyrewoolf Homestead.

Fish frames, oyster shells and shellfish can be put in a bag and in the bin.

Please DO NOT leave oyster shells and fish frames on the beach or anywhere else on the island, this is considered litter and unpleasant for future guests.



# FOOD AND SUPPLIES

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## MEAL OPTIONS

On booking you may have the option to include meal packages for you to self-cater. Another possible alternative might be ordering Nong's Thai food. Please contact Peter and Nong for more details if they are your hosts of the island.

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## PANTRY

There are staple food items provided for you in the pantry and the fridge. If you have arranged prior to your stay for meal packages to be provided, then these will be found in the fridge/pantry on your arrival.

### Provided staples

BBQ sauce	Flour (Self-Raising and Plain)
Bread making ingredients	Fish Sauce
Cereal (eg quick oats, weetbix, nutrigrain, muesli)	Rice
Dried herbs and spices: basil, chicken salt, caraway seeds, coriander, cumin, cayenne pepper, lemon pepper, moroccan spice, turmeric, smoked paprika, parsley, rosemary, saffron, thyme, oregano.	Soda Stream
Gravox	Soy Sauce
Oils & vinegar	Stock (vegetable, beef, chicken)
Pepper & Salt	Spreads (eg honey, jam, vegemite, peanut butter)
	Tomato Sauce
	White Sugar
	UHT Milk 2L
	Yeast

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## PANTRY EXTRAS

We can provide a few extras for a small fee if you wish to purchase from our 'Pantry Extras'. Please contact the manager if you would like to know more. The available items are subject to availability but can include the following:

Coconut Milk	Snacks
Curry paste	Taco packs
Frozen chicken thigh	Tinned Tomato
Frozen minced beef	Tim Tams
Parmesan cheese	Tuna
Passata	UHT milk
Pasta	Wraps

## ACTIVITIES AND ATTRACTIONS

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### SAFETY

Your safety is important to us and being situated on an island comes with the reality that emergency services are further away if needed. We encourage you to use common sense and take safety precautions in all circumstances whilst on the island.

A movement board is located at the back door of the homestead. Please leave a note when departing the homestead so others are aware of your departure time, estimated return time and your expected location. This will reduce search times considerably in the unlikely event of an accident or emergency.

When enjoying the beach, please ensure children are supervised at all times. Life jackets are available and encouraged to be utilised. There are many sheltered bays for swimming, we encourage you to stay along the coastline for safety.

If you go for a coastal walk, be mindful that some of the cliff edges can be soft, so please stay at least one metre away from the edge of cliffs. It is also important to note that freak waves do occur, the best advice is to "never turn your back on the ocean".

Driving on the island is a great way to take in the scenery and explore the sights. Please ensure that you only drive on the designated tracks and do not exceed 40kms per hour. Leaving the tracks can result in tyre punctures, spread of pest weeds such as 3-corner jacks, and can create a fire hazard in long, dry grass. Flinders Island is a working sheep station, so you may see tracks through grass but please do not follow them unless they are established and signposted. There could be stock on the track, so always drive with caution and please do not approach cattle. There are some 4WD tracks with sand dunes that require low gear, please take care when approaching these. Please note when navigating the 4WD track across the sand dunes between the manager's house and Eyrewoolf Homestead you must always take the track on the right. Please check with the manager if you are unsure.

Furthermore, please leave gates as you find them. If it is open when you approach a gate, please leave it open. If it is shut, then please make sure you shut it straight after driving through. This ensures any stock on the island remain where they should be.

When you set out on an adventure on the island, we recommend the following:

- Take a backpack with a drink bottle, hat, snacks, sunscreen, portable first aid kit and mobile phone.
- Adventure with someone & let others know your intended location and return time via the movement board.

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## ATTRACTIONS

Find the following on the map and go for an adventure

- The Kapara historical coastal steamer wreck
- The Maddalena II Rock Lobster fishing boat wreck and Dunstan Point \*
- The 1892 Cave
- Gem Beach
- Ruins of the Sealers house in Bryant's Bay
- Heritage area featuring native bush and flora
- Historic shearing shed
- South End look out rocky out crop
- The springs and "the gap" (care needed when approaching)\*
- South end rock pool and bridge\*
- Farm beach ruins

\*Please note the coastal South End attractions could be dangerous if care is not taken. It is important for the swell to be low to view these attractions. The most sensible option is to contact the manager for advice regarding weather and suitable options for the day, or to arrange a guided tour.

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## ACTIVITIES

Take a stroll along the many beaches, snorkel, surf, swim, kayak, explore the caves or just kick back with a nice drink and enjoy the view!

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## COASTAL WALKS

Grab your backpack, leave a note, and head off from Eyrewoolf Homestead towards Bob's Nose to watch the sun rise over Topgallant Islands. Take a stroll through the sand dunes at Gem Beach and examine the reptile tracks, birdlife and flora unique to the island. Walk along the pristine white sand of Front Beach or Gem Beach and go rock hopping at the other end. Enjoy the vantage point at the South End Lookout.

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## FISHING

Take a fishing rod and go beach fishing off Groper Bay, Front Beach, Gem Beach and Farm Beach. Catch your dinner for the night!

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## GAMES & BOOKS

Find entertainment on the shelves and in the cupboards in the lounge room. Outdoor games, (Bocce, cricket, beach buckets and spades, etc) are in storage please request from the manager. We appreciate you returning items back to where you found them.

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## KAYAKING

Feel free to enjoy the kayak provided on the island, during day light hours. We encourage you to stay within the sheltered bays, within 50 meters of the shoreline and away from breaking waves. This is for your safety. There are life jackets available, and it is a legal requirement they are worn. We ask that children under 14 years of age, or any other person who is not confident in the water, are supervised whilst using the kayak.

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## SWIMMING & SNORKELLING

There are many beautiful bays to wade through, or snorkel and explore the underworld of the sea. Groper Bay has a reef and some great nooks to paddle in. Gem Beach and Front Beach are great for swimming and snorkelling too. Keep an eye out for gropers, rays, squid, flathead, crabs, seals, dolphins and of course take care and have fun! If the tide is right and the swell is low, adventure down the South End of Flinders Island to find the idyllic rock pool for a refreshing swim. Spare beach towels can be found in the linen press.

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## SCENIC DRIVE

Take a map and explore the whole island in the provided vehicles. Please remember to stay on the tracks and stay safe. Ask the manager where the best place to head to is for the weather. There's always a sheltered side of the island!

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## SURFING

If you've brought your own board, hit the surf at 'Kitchen View Point' to the right of the bay, or the 'A Frame' on the reef straight in front of the house.

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## SOCIALS

If you're connected to Instagram or Facebook, please feel free to post selfies, photos of the fish you catch and the incredible views that you're lapping up while you are a resident of Flinders Island. Be that enviable friend. And of course, include us in your hashtags: #FlindersIslandSA #eyrewoolfhomestead #flindersislandecoescape

Follow us on Instagram @flindersislandecoescape or  
Facebook @Flinders Island Eco Escape



Image has been designed using resources from Flaticon.com

## THANK YOU!

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Thank you for visiting our family island. We are excited to be able to share our piece of paradise with you. If you have any suggestions or feedback then please let us know by leaving a note, completing the survey sent following departure or by emailing us at [escape@flindersislandeco.com](mailto:escape@flindersislandeco.com). You can also leave a review on our Google business listing [Flinders Island Eco Escape](#).

There are brochures that you are welcome to take home and share with your friends and family.

But for now, it's time to figure out what you'll do to make this time memorable and all you want it to be. We hope you enjoy your time on Flinders Island.

The Woolford Family, Flinders Island Eco Escape.